

# *Benefits of SmartLipo*

A Case Study From

**AGE FOCUS**

The logo for AGE FOCUS features the text 'AGE FOCUS' in a bold, sans-serif font. The letter 'O' in 'FOCUS' is replaced by a solid white circle. Below the text are three concentric white circles, with the largest one at the bottom, creating a ripple effect.

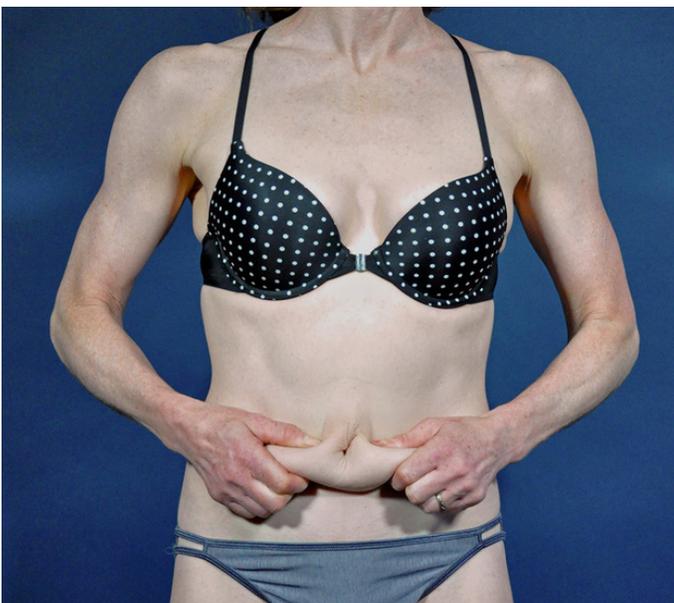
**F**or those struggling to remove built up fat deposits from troublesome areas, **SmartLipo** has been a tremendous success for our clients like Jane, a 53-year-old graphic designer from Southampton. Although her weight of 125 pounds is the same before and after surgery, Jane noticed a difference in her body shape and is now more confident than ever.

# *About AgeFocus*

AgeFocus is a medical practice specializing in age management medicine, hormone replacement, cosmetic treatments, weight loss programs, medical spa, sports and fitness testing programs as well as offers corporate wellness programs.

The Medical Director, Dr. Juan Gargiulo, along with our exercise physiologist and health coaches, is responsible for the extensive testing and development of the individual programs for every client at AgeFocus to help keep their bodies in peak condition. AgeFocus just celebrated their 5th Anniversary.

## *Challenges to Overcome*



Jane was in very good physical shape. She would exercise daily. When she turned 50, she noticed that she simply couldn't lose the belly fat. She changed her exercise routine to focus on her stomach and even started to do Pilates. No matter how much she struggled, she still couldn't lose the fat around her stomach. Frustrated, she decided to do research on cosmetic procedures. Jane said, "I couldn't stand looking at myself in the mirror while I was working out."

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Pictured left: Photos provided by Jane, before SmartLipo

# The AgeFocus Difference

When Jane met with Dr. Juan Gargiulo, they discussed different treatment options. Dr. Gargiulo recommended **SmartLipo** because he felt she was the ideal candidate. Smart Lipo has a lot of advantages over traditional liposuction such as minimal downtime and less bruising.

See this infographic created by AgeFocus to learn more.

## Traditional vs. Laser Liposuction

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An in-depth look at the main differences between these two cosmetic surgery options.

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**Definitions:**

**Traditional liposuction** - also known as lipoplasty, doctors make tiny incisions and use a thin, hollow tube to break down deep fat layers and suck it up with a vacuum pump.

**Laser liposuction** - also known as laser lipolysis, a minimally invasive procedure in which doctors use a fiber optic laser as a heat source to melt unwanted fat while stimulating collagen and coagulating small blood vessels.

## The Differences Broken Down

### ANESTHESIA



vs.



Traditional liposuction often requires general anesthesia while laser lipo uses local anesthesia.

### DOWN TIME

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7

vs.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7

Traditional liposuction can require up to a week of recovery whereas you can resume work in as few as two days after laser liposuction.

### PAIN MANAGEMENT



Patients often report that they experience less pain using laser lipo rather than traditional liposuction.

### INVASIVENESS

Traditional liposuction is more invasive of a surgery as compared to laser liposuction due to the larger cannulas used during the procedure.

3-6mm



vs.

2-3mm



### SIDE EFFECTS

Traditional liposuction has more chances for complications during the procedure and leaves loose skin at the locations of treatment. Meanwhile, laser liposuction has less chance for complications and is...

# 80%

better at tightening skin around the areas which are treated.

The facts don't lie. Laser liposuction is a safer, healthier option for weight management.

If you are interested in the most advanced laser lipo procedure, SmartLipo Triplex, call AgeFocus today at 631-243-3628 for more information.



It took about 6 weeks for Jane to recover fully. Jane noted, "I didn't have a lot of bruising but it felt tender and a bit numb. I never actually took off from work. The only thing I had to give up was working out. But by week 2, I was able to start again. In about two to three weeks I was back on the court playing tennis."

# *The Result*

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Jane was extremely pleased with the results. According to her, "I love my stomach." She added "Dr. Gargiulo is great with his patients. He understands the body and knows his craft. He cares about his clients and [his work] always comes out beautifully... Even my butt looks great!" She noticed a difference in her body shape while she was recovering. You can see the difference easily with these before and after photos.

*Before*



*After*

